

Resource Guide for Families and Educators in Chenango County



Compiled by the Chenango County Family Wellness Work Group

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Resource Guide for Families and Educators in Chenango County

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The Chenango County Family Wellness Work Group would like to thank **Mothers & Babies Perinatal Network** for the information they had compiled previously that was used in this resource guide.

Early Childhood Programs

CATHOLIC CHARITIES OF CHENANGO COUNTY

(607)334-8244

- The Children's Center: Center-based child care for children ages six weeks to 12 years including an after school and summer program
- See website: www.catholiccharitieschenango.com

CHENANGO COUNTY CHILD CARE COORDINATING COUNCIL

(607)336-2806

Child Care Resource & Referral Agency

Child Passenger Safety Program

See website: www.6cs.org

CHENANGO COUNTY DEPARTMENT OF PUBLIC HEALTH (CCDPH)

(607)337-1660

Division for Children with Special Needs provides information, referrals and direct services for families with special needs children ages birth to 5

See website: www.co.chenango.ny.us/ChildrenSpNeeds/ChildrenNeeds.htm

DELAWARE-CHENANGO-MADISON-OTSEGO BOCES (DCMO BOCES)

(607)335-1200

- Special Education
- Preschool Program
- Day Care
- See website: www.dcmoboces.com

OPPORTUNITIES FOR CHENANGO

(607)334-7114

- Child and Family Development Programs
 - Early Head Start
 - Preschool Head Start
 - PreKindergarten Program
- See website: www.ofcinc.org

YMCA NORWICH

(607)336-9622

- Nursery and Preschool Programs
- Babysitting services for use of parents who wish to work out
- See website: www.ymca.net

Education

- AMERICAN RED CROSS: SOUTHERN TIER CHAPTER (607)248-6684
- Halloween Safety
 - Babysitter Training
 - See website: www.southerntierredcross.org
- CATHOLIC CHARITIES OF CHENANGO COUNTY (607)334-8244
- The Children's Center: Center-based child care for children ages six weeks to 12 years including an after school and summer program
 - See website: www.catholiccharitieschenango.com
- CHRISTIAN NEIGHBORHOOD CENTER (THE PLACE) (607)336-9696
Before School / After school / Full Day Summer Programs
Learn & Serve America
See website: www.theplace-cncn.org
- CORNELL COOPERATIVE EXTENSION OF CHENANGO COUNTY (607)334-5841
Educational system providing programs that focus on family, youth and community development
See website: <http://counties.cce.cornell.edu/chenango>
- DELAWARE-CHENANGO-MADISON-OTSEGO BOCES (DCMO BOCES) (607)335-1200
- Adult and Continuing Education
 - Career and Technical Education
 - Enrichment Programs
 - Arts in Education
 - Programs for At-Risk Youth
 - Regional Summer School
 - Special Education
 - See website: www.dcmoboces.com
- SCHOOL DISTRICTS IN CHENANGO COUNTY
- Afton Central School (607)639-8200
 - See website: www.afton.stier.org
 - Bainbridge-Guilford Central School (607)967-6300
 - See website: www.bgcscd.org
 - Gilbertsville-Mt. Upton Central School (607)783-2207
 - See website: www.gmucsd.org

- *Greene Central School*
 - Primary School (607)656-5174
 - Intermediate School (607)656-9891
 - Middle School/High School (607)656-4161
 - See website: www.greenecsd.org
- *Norwich Central School* (607)334-1600
 - See website: www.norwichcityschooldistrict.com
- *Otselic Valley Central School* (315)837-4407
 - See website: www.ovcs.org
- *Oxford Academy & Central School* (607)843-2025
 - See website: www.oxac.org
- *Sherburne-Earlville Central School*
 - Elementary School (607)674-7336
 - Middle School (607)674-7350
 - High School (607)674-7380
 - See website: www.secsd.org
- *Unadilla Valley Central School* (607)847-7500
 - See website: www.uvstorm.org

Family Supports

AMERICAN RED CROSS: SOUTHERN TIER CHAPTER (607)248-6684

- Disaster Related Services (Emergency Shelter, Clothing, Food)
- Project Share utility Assistance for "Over 60" and/or disabled
- Shopper Program
- Health and Safety Classes
- See website: www.southerntierredcross.org

CATHOLIC CHARITIES OF CHENANGO (607)334-8244

- Community Residence Programs
 - Trillium Place for girls and boys (ages 12-18)
 - Chenango House - Intensive/Supportive Apartment Program and the Supported Housing Program for severely mentally ill adults in the process of recovery
- Counseling Programs
 - Counseling options for individuals, family couples and groups including a sexual abuse treatment program
 - Expressive Arts Therapy
 - Rural Outreach Counseling Program
 - Eye Movement Desensitization and Reprocessing (EMDR) for PTSD clients
 - School-Based Counseling
- Domestic Violence/Crime Victims Program
 - Hotline
 - Crisis and Short Term Counseling
 - Information
 - Referrals
 - Support
 - Accompaniment and Advocacy
 - Safe Dwelling and Safe Homes
- Roots & Wings - An emergency services basic needs program to coordinate, assist, strengthen, and promote people through opportunities to move from dependence to self-sufficiency. Includes coordination with food pantries and soup kitchens.
- See website: www.catholiccharitieschenango.com

CHENANGO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS) (607)337-1500

- Temporary Assistance
- Food Stamps
- Emergency Assistance (Crisis Situations)
- Child Support Services
- Child Care Subsidy

- Foster Care
- Adoption Services
- Family Prevention Services (to identify and treat/prevent child abuse or neglect)
- Child Protective Services

CHENANGO COUNTY LIBRARIES

- Afton Free Library (607)639-1212
- Bainbridge Free Library (607)967-5305
- Guernsey Memorial Library in Norwich (607)334-4034
- Moore Memorial Library in Greene (607)656-9349
- New Berlin Library (607)847-8564
- Oxford Memorial Library (607)843-6146
- Sherburne Public Library (607)674-4242
- Smyrna Public Library (607)627-6271
- South New Berlin Free Library (607)859-2420

CHENANGO COUNTY PUBLIC TRANSIT (CCPT) (607)943-7433

- Regularly scheduled rural public transportation
- See website: www.chenangocountypublictransit.com

CHENANGO TOBACCO FREE COALITION (607)337-4128

- Support for anyone interested in quitting the use of tobacco products. Provides smoking cessation counseling and education
- See websites: www.ctfc.org
www.chenangohealth.org

CHILD ABUSE HOTLINE / NY STATEWIDE CENTRAL REGISTER (800)342-3720
OF CHILD ABUSE AND MALTREATMENT (SCR) (518)474-8740

- For reporting suspected abandonment, child abuse, maltreatment or neglect of a child 24 hours a day. **Calls to report instances of suspected child abuse or maltreatment should be made immediately - at any time of the day and on any day of the week!**
- See website: www.ocfs.state.ny.us

CHILDREN'S HOME OF THE WYOMING CONFERENCE (607)336-3328

- Therapeutic after-school program to assist children in learning socially appropriate skills
- Intensive family counseling to assist parents in developing a wider range of parenting skills

CHRISTIAN NEIGHBORHOOD CENTER (THE PLACE)

(607)336-9696

- Big Brother / Big Sister Program
- See website: www.theplace-cncn.org

CORNELL COOPERATIVE EXTENSION OF CHENANGO COUNTY

(607)334-5841

Eat Smart New York - The Chenango County Food Stamp Nutrition Program

See website: <http://counties.cce.cornell.edu/chenango>

CORTLAND-CHENANGO RURAL SERVICES

(607)863-3828

Serves persons living in Northwestern Chenango County and Southeastern Cortland County

Nearly New Clothing Store

Food Pantry

Bread Distribution

Food Sense Co-Op Food Buying Program

Farmer's Market

CRIME VICTIMS HOTLINE

(607)336-1101

FAMILY RESOURCE NETWORK, INC. (FRN)

(607)432-0001

Support groups in Chenango, Otsego, Tioga & Tompkins Counties for parents of children with special needs

Information, referral services, and trainings provided

Advocacy assistance/CCSI Chenango/CCSI Otsego

See website: www.familym.org

FOUR COUNTY LIBRARY SYSTEM

Find a book, tape or CD

Research Center

Internet searches

Library links

Community connections

See website: www.4cls.org

HARBOUR PROGRAM

(607)865-4422

- Respite for children ages 5-18
- Family Based Treatment (therapeutic home for children who otherwise might be placed in a more restrictive setting)
- Family Support Groups for parents and caregivers who are struggling with caring for a child with emotional, social, and behavioral difficulties
- Transport to doctor and evaluations

HALos, Inc. (Help After Loss)

(607)334-7114

Provides assistance to children and their families experiencing crisis or loss so that they can reclaim balance in their lives by providing them with resources and referrals

LA LECHE LEAGUE

(607)722-8547

- Volunteer organization with breast feeding help via phone and in person, if necessary
- Monthly support meetings for women only
- Refer to national website to find a league near you
- See website: www.lalecheleague.org

LIBERTY RESOURCES

(607)334-7779

Comprehensive home-based intervention services for families who have children that are at risk of out-of-home placement

MOTHERS AND BABIES PERINATAL NETWORK OF

SOUTH CENTRAL NY (M&BPN)

(800)231-0744

Parents As Leaders Family Resource Centers including clothing closet at specific sites

Teen pregnancy prevention & related youth services

Teen Link and Worth The Wait Programs

Information, publications, and referral services

Interactive Directory online of Directory of Health & Human Services for Pregnant Women and Families in SCNY for seven-county region

See website: www.mothersandbabies.org

NY CONNECTS/CHENANGO

(607)337-1707

- Referral service for people of all ages, including respite care for caregivers, child day care, children with special needs
- Access to health care and long term care for the elderly

NYS CHILD SUPPORT ENFORCEMENT PROGRAM

1-800-846-0773

NYS REGIONAL POISON CONTROL CENTER

1-800-222-2222

OFFICE OF MENTAL RETARDATION AND DEVELOPMENTAL
DISABILITIES (OMRDD)

- Offers many services to qualifying consumers and their families, including but not limited to
 - Camps
 - Employment services
 - Evaluations

- Family support services
- Residential services
- Medicaid service coordination
- Counseling
- Day habilitation
- Health care
- Respite services
- Transportation
- See website: www.omr.state.ny.us

OPPORTUNITIES FOR CHENANGO

(607)334-7114

- Back on the Rack
 - Provides used clothing and household items to the general public
- Child / Adult Care Food Program (CACFP)
 Employment Support Programs (Income eligibility requirement apply)
 Keys to Success
 Literacy Volunteers of Chenango County (LVCC)
 Tutoring
 Work Place Literacy
 Family Health & Nutrition Programs
 Women, Infants and Children (WIC)
 Supplemental Food Program
 USDA Child Care Food Program
- Farmers Market Nutrition Program (FMNP)
- Home Energy Assistance Program (HEAP)
- Housing
 Quaranta Homeownership & Housing Services Center Program
 Located at 43 Hale St. Norwich, NY
 (607)336-2101
 See website: www.quarantahousing.org
 Housing Choice Voucher Program
 Housing Choice Voucher Family Self Sufficiency Program
 First Time Home Buyers Program
 Certified HUD Counseling Program
 Financial Fitness Program
 Weatherization Assistance Program
 Housing Rehabilitation Program
 Revolving Loan Fund & Lead Hazard Programs
- See website: www.ofcinc.org

PLANNED PARENTHOOD OF SCNY (PPSCNY)

(607)334-6378

(607)336-8260 PCAP

- Support for women, men, and teenagers - Eligibility requirements for some services, including PCAP/MOMS
- Family Education by trained educators to work with community groups, families, schools religious organizations and other youth-serving organizations (www.ppscny.org/family/)
- Crossroads Teen Drop in Center for Binghamton (www.ppscny.org/crossroads.htm)
- See website: www.ppscny.org

YMCA NORWICH

(607)336-9622

- After school child care
- Community development teams
- Indoor pool
- Babysitting services for use of parents who wish to work out
- Swim lessons
- Fitness Center
- Health and Fitness Services
- See website: www.ymca.net

Medical/Dental

- BASSETT HEALTH CARE IN NORWICH (607)336-6362
Family Practice
See website: www.bassett.org
- BASSETT HEALTH CARE IN SHERBURNE (607)674-2445
Family Practice
See website: www.bassett.org
- BASSETT HEALTH CARE IN UNADILLA (607)369-2271
Family Practice
See website: www.bassett.org
- CHENANGO COUNTY DEPARTMENT OF PUBLIC HEALTH (CCDPH) (607)337-1660
- Home care visits for adults, infants, and children
 - Public immunization clinics
 - Maternal Child Health for women, infants and children
 - Other services include newborn, postpartum, ante partum and home visits
 - Call for appointment
- CHENANGO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS) (607)337-1500
- Medicaid information
 - Family Health Plus registration support
- CHENANGO HEALTH NETWORK (607)337-4128
- Dental assistance
 - Prescription assistance
 - Tobacco cessation
 - Insurance Enrollment (Access NY Health Care application for Medicaid, Family Health Plus, Child Health Plus, EPIC, Medicaid Treatment Acts Benefit Program, Healthy Living Partnership for Breast Cancer Screening)
 - Information and referral to Prenatal Care Assistance Program (PCAP), Veterans Assistance and Healthy NY
 - See website: www.chenangohealth.org
- CHENANGO MEMORIAL HOSPITAL (607)337-4111
Dentistry
Emergency services
Family practices
Gastroenterology

Internal medicine
Neurology
OB/BYN
Oncology
Ophthalmology
Orthopedics
Pediatrics
Podiatry
Pulmonology
Radiology
Surgery
Physical therapy
Occupational therapy
School based health centers
Speech therapy
Aquatherapy
Lab services
Respiratory therapy
Mammography
Health Care centers
See website: www.chenangomemorial.com

CHENANGO MEMORIAL HOSPITAL FAMILY HEALTH CENTER
IN OXFORD (607)843-9816

- Family practice
- See website: www.chenangomemorial.com

CHENANGO MEMORIAL HOSPITAL FAMILY HEALTH CENTER
IN SHERBURNE (607)674-4495

- Family practice
- See website: www.chenangomemorial.com

CHENANGO MEMORIAL HOSPITAL WOMEN'S HEALTH CENTER (607)337-4218
Individualized care to women specializing in gynecological/obstetric services

Birthing Center
Breastfeeding
Education and Family Planning
Genetic Counseling Referrals
Hormone Replacement Therapy
Mammography
Menopause Education and Counseling

Menstrual Disorders
Nutritional Counseling
PMS Counseling & Treatment
Pregnancy Loss Support & Counseling
Referrals for Domestic Violence Counseling
STD Testing/Treatment
Substance Abuse Counseling/Treatment Referrals
See website: www.chenangomemorial.com

DENTAL HEALTH

AMERICAN MOBILE DENTAL (877)248-6684
○ Mobile dental services or (607)432-1010
○ See website: www.americanmobiledental.com
Chenango Memorial Dental Clinic (607)337-4174
Dr. Marc Feldman (607)656-7676
Accepts Medicaid
LOURDES CENTER FOR ORAL HEALTH (607)584-4545
○ Dental services for pregnant women and children
○ See website: www.lourdes.com

Familywize PRESCRIPTION DRUG DISCOUNT CARD

- Distributed free of charge by the FamilyWize Partnership
- Sponsored locally by Chenango United Way
- Participating pharmacies provide discounts on prescriptions for families/individuals that do not have prescription cards
- Contact Chenango United Way for more information (607)334-8815

MOTHERS AND BABIES PERINATAL NETWORK OF

SOUTH CENTRAL NY (M&BPN) (800)231-0744

- Pregnancy related services through Health Education Programs for consumers and professionals
- Quit Kit Smoking Cessation Program
- Health insurance options and services for the uninsured
- Facilitated enrollment application assistance for Child Health Plus and Family Health Plus
See website: www.mothersandbabies.org

NYS REGIONAL POISON CONTROL CENTER

1-800-222-2222

PLANNED PARENTHOOD OF SCNY (PPSCNY)

(607)334-6378

(607)336-8260 (PCAP)

- NYS licensed medical facility that provides high quality, affordable health care on a sliding fee scale
- Prenatal Care Assistance Program for Chenango County
(www.ppscny.org/prenatal_care_assistance_program.htm)
- Family Planning Benefit Program enrollment assistance
(www.ppscny.org/family_planning_benefit_program.htm)
- Family Planning Extension Program for Free Services
(www.ppscny.org/family_planning_extension_program.htm)
- See website: www.ppscny.org

Mental Health

CHENANGO COUNTY COMMUNITY MENTAL HYGIENE SERVICES (607)337-1600
After hours emergency number (877)369-6699

Chenango County residents affected by substance abuse
Alcohol and Drug Abuse Services Clinic locations offer evaluations, crisis intervention, school-based prevention services, individual counseling, group therapy, child, parent-child & family therapy, vocational evaluation services, and medical therapy
Continuing Day Treatment Program
Assessment and evaluation
Crisis Intervention
Daily Programming
Individual and Group Therapy
Medication Therapy
Vocational/Educational Skill Development
Case Management
Mental Health Services for persons with psychiatric and emotional problems for deinstitutionalized persons
Individual, marital, and group therapy
Child, Parent/Child, and Family Therapy
Medication Therapy
Intensive , Supportive, and Regular Case- Management Services (adults and children)
Consultation Services
Continuing Day Treatment Program
Child and Family Clinic Plus - confidential, early recognition and intervention program (www.clinicplus.org)
See website: www.omh.state.ny.us

Youth Organizations

BOY SCOUTS OF AMERICA - BADEN POWELL COUNCIL (877)674-8876
Cub Scouting open to boys ages 6-12 or (607)648-7888
Boy Scouting open to boys ages 12-21
See website: www.bpcouncil.org

CHRISTIAN NEIGHBORHOOD CENTER (THE PLACE) (607)336-9696
Summer Youth Volunteer Program
Summer youth Employment
Headwaters youth Conservation Corporation
See website: www.theplace-cncn.org

CORNELL COOPERATIVE EXTENSION OF CHENANGO COUNTY (607)334-5841
4-H
See website: <http://counties.cce.cornell.edu/chenango>

GIRL SCOUTS OF AMERICA - INDIAN HILLS COUNCIL (607)336-7476
▪ Open to girls ages 5-21
▪ See website: www.gsihc.org

YOUTH SPORTS AND ACTIVITIES

- Call home school district for information about programs in your community
 - Afton Central School (607)639-8200
 - Bainbridge-Guilford Central School (607)967-6300
 - Gilbertsville-Mt. Upton Central School (607)783-2207
 - Greene Central School
 - Primary School (607)656-5174
 - Intermediate School (607)656-9891
 - Middle School/High School (607)656-4161
 - Norwich Central School (607)334-1600
 - Otselic Valley Central School (315)837-4407
 - Oxford Academy & Central School (607)843-2025
 - Sherburne-Earlville Central School
 - Elementary School (607)674-7336
 - Middle School (607)674-7350
 - High School (607)674-7380
 - Unadilla Valley Central School (607)847-7500

YMCA NORWICH

(607)336-9622

- Youth development / Teen Department
- Sports
- Camping (ages 5-14)
- See website: www.ymca.net

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